

Original Research Paper

Embryonic histological changes in rats exposed to different doses of cyclophosphamide

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Abstract: Cyclophosphamide is a common anticancer drug that belongs to the nitrogen mustard group of alkylating agents, their acts by adding an alkyl group to DNA. Due to this cytotoxic property it is used extensively in a variety of carcinomas singly or in combination with other drugs to treat a variety of cancers. Therefore, the present study was conducted to compare and correlate histomorphological alterations in different anatomical sites of embryonic wistar albino rats induced by a gradual increase in cyclophosphamide dose administered intraperitoneally through maternal delivery. Laboratory wistar albino rats were injected with different bolus doses of cyclophosphamide intraperitoneally and rat pups were dissected after delivery. Liver and skin tissues were examined histologically and compared to control animals. Results: histological examination of all tissues in both groups shows gradual cytotoxic effect of cyclophosphamide reaching extreme histological damage with increased bolus dose. Tissue damage included hemorrhaging and lymphocytic collection. There is a significant epidermal thickness between the control group and the groups treated with different cyclophosphamide concentrations

Keywords: cyclophosphamide, epidermis, embryonic, histology.

1.Introduction

Cyclophosphamide is a synthetic anticancer drug that belongs to the nitrogen mustard group of alkylating agents that acts by adding an alkyl group (C_nH_{2n+1}) to DNA. It acts by attaching an alkyl group to the Guanine base of DNA, at number 7 nitrogen atom of the imidazole ring. Thus, causing irreversible cross-linkages in the DNA strands that leads to cell death in G2- and S-phases of the cell-cycle [1]. Due to this cytotoxic property it is used extensively in a variety of carcinomas singly or in combination with other drugs to treat a variety of leukemias, Hodgkin's lymphoma, Multiple myeloma, Mycosis fungoides, Non-Hodgkin's lymphoma, breast cancer, ovarian cancer and Retinoblastoma. Cyclophosphamide is also used at lower doses for some autoimmune diseases such as systemic

lupus erythematosus, severe rheumatoid arthritis, Wegener's granulomatosis, multiple sclerosis, some connective tissue disorders, minimal lesion glomerulonephritis, several forms of vasculitis, Nephrotic Syndrome and post organ transplantation for prevention of rejection of the organ.[2] Cyclophosphamide is a prodrug that gets activated to alkylating phosphoramidate mustard in the liver and excreted primarily (70%) in urine in forms of metabolites [3].

Adverse effects of cyclophosphamide include alopecia, nausea, vomiting, thrombocytopenia, mucosal ulcerations, brief spells of dizziness, transverse striations in the nails, increased skin pigmentation, pulmonary fibrosis, facial abrasions, leukopenia, hematuria, diarrhoea, hemorrhagic cystitis and petechial

haemorrhage in lungs and small bowel.[1,4] General endocrinological imbalances in rats, ovarian failure, abnormal sperm production reduced fertility and outcome, decreased implantation, malformed and growth retarded fetuses have been observed in Sprague-Dawley rats.[1-2,5-8] Cyclophosphamide is also documented to cause hepatotoxicity in Fischer rats and cardiopulmonary toxicity in Mongrel dogs.[9-11] In an attempt to reduce this high level of toxicity and check increase in the resistance to this drug, various studies have been conducted in the past to test the efficacy of low doses of cyclophosphamide in treatment of carcinomas with positive results. Chronic administration in a low dose through drinking water was safe and an effective form of low dose therapy in severe combined immunodeficient (SCID) mice, injected with human prostate, colon, melanoma and breast cancer cell lines subcutaneously [12].

2.Methodology

Experimental Animals: 15 adult female Wistar albino rats weighing between (200-250) g were obtained from the Animal house at the department of biology, university of kufa between the period of December 2021- April 2021. The animals were kept in adjusted laboratory conditions (temperature= 25 °C, humidity = 60 ± 10%). Animals had free access to standard rat chow and water. Guidelines of the Ethical Committee of the animal Research were followed, which conform to the recommendations on Health Guide for Care and Use of Laboratory Animals. Female rats were allowed to Animals were divided into three groups (control = N5, maternal intraperitoneal injection group (150 mg/kg): N 5 intraperitoneal injection group (300 mg/kg) : N5). Each group was injected daily with allocated dose of cyclophosphamide intraperitoneally until delivery.

Bolus dose: Each pregnant animal in each group received 1 ml of specific dose of cyclophosphamide (baxter Germany) either intraperitoneally while control group received 1ml of PBS (phosphate buffered saline) intraperitoneally. Dose formulation of cyclophosphamide was achieved following standard protocols and specific doses used in this experiment were 150 mg/kg, 300 mg/kg.

Sacrifice and processing: To carry out a histological analysis, skin, and liver were excised from all litter after birth using the surgical blade and were fixed in 4 % formaldehyde for three days. Tissues were processed and embedded in paraffin wax using TP1020 tissue processor (Leica Microsystem, UK). Five-micron sections were cut

using a microtome (Leica Microsystem, UK), which were then placed on slides (Leica Microsystem, UK). The sections were deparaffinised in xylol and then rehydrated by using descending concentrations of alcohol before rehydration in distilled water. Haematoxylin and Eosin were used to stain the sections (Leica Microsystem, UK). Histological investigation of the prepared tissues was carried out by light microscopy with a magnification of 10x. Image J software (NIH, USA) was used to analyse microscopical images to measure the epidermal thickness. The epidermal thickness was measured from the base of the stratum germinativum to the surface of the keratin layer.

Statistical analysis: The mean of the epidermal thickness are measured using image j software. The statistical analysis of the treated groups were compared to the control group. The data were analysed using GraphPad Prism V9.0 software.

3.Results

Histomorphological changes: The results of the present study shows histological changes in animals injected with cyclophosphamide. Figure 1 shows histological appearance of rat pup tissues examined from different anatomical sites after gestational delivery of cyclophosphamide intraperitoneally. The figure shows normal histological appearance in skin and kidney in control pups. The figure shows abnormal histological appearance with more abundant hemorrhaging and cellular vaculation present in the kidney of both groups who received 150 and 300 mg/ml during gestational period. Skin histology shows normal skin architecture under normal conditions while histological disturbance is seen in animals who received 150 and 300 mg/ml of cyclophosphamide (figure 1).

The figure shows a profound histological damage with more abundant hemorrhaging and lymphocytic infiltration in the liver and skin sites along with sinusoid enlargement in the liver and profound dermal and epidermal cytoarchitectural changes present. The liver shows vacuolated cells present along with condensed nuclear chromosomes as well as signs of tissue necrosis. The skin also showed morphological and histological changes including excessive hemorrhaging and sloughing of corneum layer. Both the testes and the kidneys showed a minor histological damage including a slight hemorrhaging present in both tissues (figure 1).

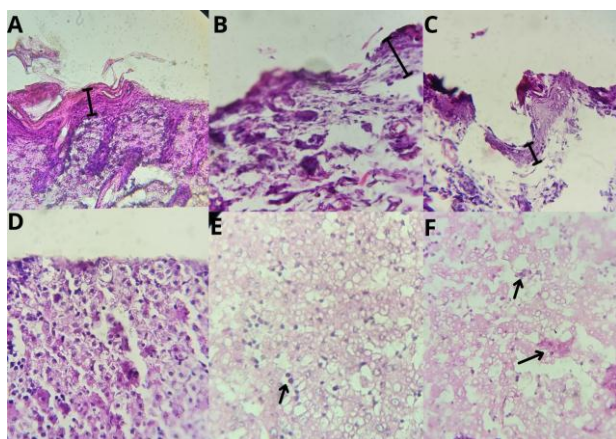


Fig.1. : histological appearance of tissues examined from both liver and skin of rats pups injected with 150 and 300 mg/kg of cyclophosphamide through maternal delivery intraperitoneally. The figure shows normal histological appearance with a slight damage present in liver and skin of control animals. Skin which shows normal histological architecture and some vacuolated liver cells present. Figure 1 shows histological appearance of tissues examined from anatomical sited of rats injected with a bolus dose of 150 mg/kg of cyclophosphamide subcutaneously. The figure shows abnormal histological appearance with more abundant hemorrhaging present in all examined tissues including hemorrhaging in the epidermis of the skin. Figure 1 also shows histological appearance of tissues examined from anatomical sited of rats injected with a bolus dose of 250 mg/kg of cyclophosphamide subcutaneously. The figure shows a profound histological damage with more abundant hemorrhaging and lymphocytic infiltration in the liver and skin sites along with sinusoid enlargement in the liver and profound dermal and epidermal cytoarchitectural changes present. The liver shows vacuolated cells present along with condensed nuclear chromosomes as well as signs of tissue necrosis. The skin also showed morphological and histological changes including excessive hemorrhaging and sloughing of corneum layer. Both the testes and the kidneys showed a minor histological damage including a slight hemorrhaging present in both tissues (figure 1) H&E X400.

General decrease in epidermal thickness is seen in both groups of rat pups injected with cyclophosphamide intraperitoneally figure 2. This is also seen in the histological appearance of tissue architecture in figure 1.

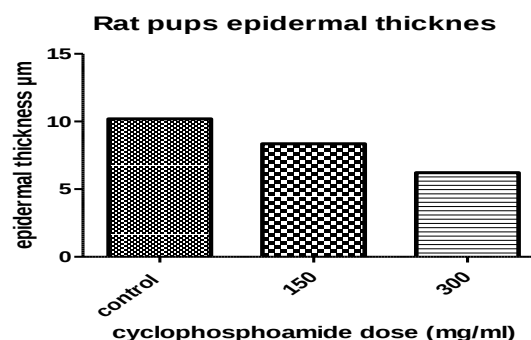


Fig.2. Histomorphometric analysis of the epidermal thickness between the control group and the groups treated with different cyclophosphamide concentrations (mg/ ml).

The results of this study shows that there is a significant histological changes that takes place during exposure to cyclophosphamide during embryogenesis. A study by al howail and colleagues [1] shows significant histological differences in rat liver injected with a weight specific dose of cyclophosphamide. In their study Hepatdestructive changes were gradually increased from slight hemorrhaging to lymphocytic infiltration indication of cytotoxic effect of cyclophosphamide injected intraperitoneally. The current study shows similar results to that documented by alhowail and team [1] who demonstrated the profound effect on histomorphological changes in various rat organs. Histological damage present in the current study is concurrent with many scientific evidence which demonstrated the cytotoxic and histological damage caused by cyclophosphamide injection. However there was lacking scientific evidence present that compares histological changes induced by cyclophosphamide injected using two different methods intraperitoneally and subcutaneously.

conclusion

This study concludes that cyclophosphamide has a strong cytotoxic effect on certain organs if injected at a high dose intraperitoneally of subcutaneously. However histological damage is more prominent in intraperitoneal injected animals compared to subcutaneously injected animals. Cytotoxic effect and histological damage is confirmed by the gradual decrease in epidermal thickness of rat pups as well the profound histological changes that is seen in various organs of rat pups.

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Author's Contributions

All authors had an equal contribution in the preparation and of the manuscript.

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