



In vitro antifungal activity of extracts of *Anastatica Hierochuntica*

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Abstract:

The antifungal activity of aqueous and organic (acetone and methanol) leaf extracts of *Anastatica hierochuntica* was evaluated against some common pathogenic fungi using the paper disc diffusion method. ALL the extracts were active against the test organisms with the methanol extracts showing the highest activity against *Candida albicans* (28 mm zone of inhibition), *Cryptococcus neoformans* (24 mm zone of inhibition), *Fusarium oxysporum* and *penicillium digitatum* (18 mm zone of inhibition), followed by the acetone extracts against *penicillium digitatum* (16 mm zone of inhibition), at 250 mg/ml. the aqueous extracts demonstrated the lowest activity (8 mm zone of inhibition), against *penicillium digitatum* and (6 mm zone of inhibition) against *Aspergillus niger* at 250 mg/ml. preliminary phytochemical studies revealed that the leaves contained Hydrocarbonate, glocoberin, Aminoacid, glycoside, Asteroids, carbohydrate, flavonoid (one structure: isovitexin and four structures flavonoloids, campferol, Raminoglocozid, Rutin, Qurcetin), Alkaloids, tannins. The activity of the extracts was stable at high temperatures and at acidic PH, but decreased at alkaline PH. the minimum Inhibitory concentration (MIC) and the minimum fungicidal concentration (MFC) of the extracts ranged between 12.5- 150 mg/ml. the plant contains chemicals substances that can be used in the formulation of very potent antifungal agents that can be used for the treatment of Mycotic infections.

Key words: phytochemicals, Antifungal activity, MIC, MFC, Mycotic infections

الفعالية المضادة للفطريات لمستخلص نبات عشبة كف مريم

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الخلاصة :

دراسة الفعالية المضادة للفطريات للمستخلص المائي والعضوي (الاسيتون، الميثانول) لأوراق نبات عشبة كف مريم ضد بعض الفطريات المرضية المعروفة باستخدام طريقة الانتشار بالأقراص. كل المستخلصات كانت فعالة ضد الفطريات، حيث أظهر مستخلص الميثانول فعالية عالية ضد *Candida albicans* (28 mm zone of inhibition)، *Fusarium oxysporum* و *penicillium digitatum* (18 mm zone of inhibition)، يليه مستخلص الاسيتون ضد *penicillium digitatum* (16 mm zone of inhibition)، عند 250 ملغم / مل. المستخلص المائي أظهر الفعالية الأقل ضد *penicillium digitatum* (8 mm zone of inhibition) و *Aspergillus niger* (6 mm zone of inhibition) عند 250 ملغم / مل. تشير الدراسات إلى احتواء أوراق النبات على المواد الفعالة :

Hydrocarbonate ,glocoberin ,Aminoacid , glycoside ,Asteroids ,carbohydrate , flavonold (one structure : isovitexin and four structure flavonoloids : campeferol .Raminoglocozide , Rutin ,quercetn ,Alkaloids , tannins ,فعالية المستخلص بقيت ثابتة عند درجات الحرارة العالية والحمضية العالية لكن قلت الفعالية عند الفاعدية (انخفاض قيم PH) ، التركيز المثبط الأدنى (MIC) ، التركيز الفطري القاتل (MFC) للمستخلص تراوحت بين (5 ، 12-150) ملغم/ مل .
ان المحتوى الكيميائي للنبات يمكن ان يستفاد منه كمضاد فطري قوي يمكن استخدامه للاصابات الفطرية.

الكلمات المفتاحية : العدوى الفطرية ،الحد الأدنى للتركيز القاتل للفطريات ،الحد الأدنى للتركيز المثبط ، الفعالية المضادة للفطريات ،المواد الكيميائية النباتية.

Introduction:

Opportunistic fungal infections represent a significant cause of morbidity and mortality in immunocompromised patients , including those with AIDS cancer and organ transplants (1, 2, 3)Despite the increase in fungal infections ,therapeutic options are very limited and are often unsatisfactory because of elevated toxicity and an inability to eradicate infections and in recent times ,increase in resistance to antifungal agents including Amphotericin B (AMB), Fluconazole and itraconazoleby many fungal species (4, 5) this therefore highlights the need for search of new antifungal agents with potent and broad spectrum fungicidal activities for the effective management of these infections (6 , 7, 8) plant sources may be safer alternative sources for antifungal agents

A. hierochuntica (Family : Brassicaceae) Commonly Called Common rose of Jericho , other common names include dinosaur plant , Jericho rose , Mary,sFlower , Mary,s hand , Palestinian tumbleweed , resurrection plant , st . Mary,s Flower , true rose of Jericho (9, 10) , The plant is a small gray annual herb that rarely grows above 15 Centimetres (6.in high) , bears Minute White Flowers . (11,12), *Anastatica* is Found in arid areas in the Middle Eastsahara Desert , including Parts of North Africa regions of Iran , Egypt , Palestine , Iraq , Jordan , Pakistan (13,14) . After the rainy season , the Plant dries up , dropping leaves Curling branches into a tight ball , hibernates" Within the ball, the fruits remain attached and closed protecting the Seeds Preventing

them From being dispersed Prematurely . The seeds are Very hardy and Can remain dormant For Years . Wetted again in a later rainy Season , the ball uncurls and the Plant Wakes up From its dormant state , which Causes the Capsular Fruits open (dehisce) to disperse the Seeds If water is sufficient the dispersed Seeds germinate within hours . (15 , 16) . This study was Carried out in order to investigate the antifungal activity of the Plant-1 against Some Common Pathogenic Fung.

Materials and Methods:

Fresh leaves of *A. hierochuntica* were collected from the river side gardens in Iraq

Test Organisms

Candida albicans, *Aspergillus niger*, *Penicillium digitatum* , *Fusarium oxysporum*, *Cryptococcus neoformans*, Were laboratory isolates and subcultured on dextrose agar (SDA) (Oxoid) and other reagents (analytical grade) and glass wares used for the purpose of this study were all obtained from the Microbiology Laboratory , Department of Microbiology , Diyala University .

Preparation of Extracts

The plant extracts Were prepared using the method earlier described by (17) with minor modification. The fresh leaves were shade dried to constant weight for 5 days , coarsely powdered using mortar and pestle and further reduced to powder using electric blender and stored in closed bottles ,Twenty grams (20 g) each of the ground plant part was soaked separately in 100 ml , water , methanol and acetone at room

temperature (30 -32 c) for 24 h with manual agitation of the flask using a sterile glass rod after every 6 h. after 24 h , each of the extracts was filtered using a clean sterile muslin cloth and then using whatman no ,1 filter paper all the extracts were concentrated using a rotatory evaporator at 40 c and then kept in the fridge prior to use .

Determination of phytochemical constituents

The freshly prepared extract was subjected to standard phytochemical analyses for different constituents such as tannins ,alkaloids ,flavonoids ,glycosides ,saponins and phenols as earlier described (18).

Assay of antifungal activity

The paper disc diffusion method as described by (5) was used with slight modification 10 ml saboraaud dextrose agar (SDA) (oxoid) was dispensed into petri dishes and allowed to solidify a micropipette was used to introduce 0.1 ml of the spore or conidia suspensions adjusted to $10^5 - 10^7$ cells/ml using haemocytometre was added on to the agar plate ,and spread with glass rod spreader under sterile conditions ,sterilized discs (6 mm , whatman no 1) were prepared by soaking in different concentrations of the extracts (50 ,100 ,150 ,200 and 250 mg /ml) for 6 h in bijou bottles the discs were then removed and allowed to dry in a sterile petri dish ,then stored in screw capped bottles for further use to assay for antifungal activity ,five of the discs impregnated with different concentrations of the extract were placed on a fungal spore or conidia seeded plate with the help of sterile forceps discs soaked in sterilized distilled water only without extracts were used as control .three replicates were produced for each fungus culture plates

containing c. albicans were incubated at 37 c for 24 h while other culture plates containing the rest of the fungi were incubated at room temperature (32 _ 35 c) for 48 72 h . antifungal activity was determined by measurement of the zone of inhibition around the discs after the period of incubation

Determination of minimum inhibitory concentration (MIC) and minimum fungicidal concentration (MFC)

The MIC was determined using the agar dilution method described by(19) varying concentrations (300 .0 ,250.0,200.0,150.0 100.0,50.0,25 .0 and 12 .5 mg /ml) of the extracts were prepared and incorporated into saboraaud dextrose agar .the plates were incubated at 25 c for 48 h and inhibition of growth was noted the minimum inhibitory concentrations (MICs) were recorded after 48 h .

[to determine the MFC ,plates which did not show any growth after 48 h from the MIC determination were further incubated for 72 h and after incubation ,the concentration at which no visible growth was seen was noted as the minimum fungicidal concentration

Effect of Temperature and PH on Antimicrobial activity of extracts

Five milliliters of 250 mg/ ml of methanol extracts were constituted in test tubes and treated at 4c in the refrigerator and 60 and 100 c in a water bath for 1 h and tested for antimicrobial activity

TO determine the effect of pH, the methanol extracts (250 mg /ml) were treated at pH ranges of 2 to 10 using 1N HCl and 1N NaOH solutions respectively in series of test tubes for 1h. After the 1 h period of acid-base treatment, the extracts were again neutralized using 1N HCl and 1N NaOH solutions as the case may be and then tested for antifungal activity .

Results:Table 1 .Anti fungi activity of *A .hierochuntica* against some Fungi :

Test organisms		Conc . (mg \ml) \ zone of inhibition (mm)				
Extract		50	100	150	200	250
<i>C .albicans</i>	ME	9	18	20	26	28
	AE	6	8	10	12	14
	WE	–	–	–	6	8
<i>Cr.neoformans</i>	ME	8	10	18	20	24
	AE	–	8	10	12	14
	WE	–	6	8	8	12
<i>F .oxysporum</i>	ME	–	6	8	12	18
	AE	–	–	6	8	12
	WE	–	–	6	8	10
<i>P .digitatum</i>	ME	6	8	10	12	18
	AE	-	8	10	12	16
	WE	–	–	–	6	8
<i>A .niger</i>	ME	6	8	10	12	14
	AE	–	6	8	10	12
	WE	–	–	6	6	6

Key : WE = water extract , AE = acetone extract , ME = methanol extract

Table 2. Minimum Inhibitory Concentration (MIC) and Minimum Fungicidal Concentration (MFC) of the methanolic extracts of the plant against the test fungi

Test organism	MIC (mg/ml)	MFC (mg/ml)
<i>A .niger</i>	100	150
<i>P .digitatum</i>	100	150
<i>F .oxysporum</i>	50	50
<i>Cr .neoformans</i>	25	50
<i>C .albicans</i>	12.5	25

Discussion:

Preliminary phytochemical analysis revealed that plant possessed tannin, flavonoids and Alkaloid , Amino acid Plants have been know to posses bioactive constiuents as protective, substances

against bacteria, fung, viruses and pests (20). Presence of tannins in the theleaves has also been reported (21). The stem bark has been reported to contain tannins and to Posses antibacterial activity. The methanol

extracts of the plant demonstrated the highest activity compared to the aqueous and acetone extracts. The highest activity (28 mm zone of inhibition) was demonstrated against *C. albicans* followed by those against *Cr. neoformans* (24 mm zone of inhibition) at 250 mg/ml (Table 1). The demonstration of antifungal activity against *C. albicans* and *Cr. neoformans* is a further justification for the application of the leaves in the treatment of vaginal irritation discharges (22). The highest activities (14 and 16 mm zone of inhibition) was demonstrated against *Cr. neoformans* and *P. digitatum* respectively by the acetone extracts at 250 mg/ml while the least activity (6 mm zone of inhibition) against *A. niger* was demonstrated by the aqueous extracts at 250 mg/ml. The activity of the extracts against these fungi also gives scientific bases on the application of the infusion of the leaves in the treatment of eczema and other skin infections (22,23). The differences observed in the activities of the various extracts may be as a result of their varying degrees of solubility in the different solvents. It has been reported that different solvents have different solubility capacities for different phytoconstituents (20). The exhibition of antifungal activity against *C. albicans*, *Cr. neoformans* and the other fungi is a very significant outcome because it is an indication that there is possibility of sourcing alternative antibiotic substances in these plants for the development of newer antifungal agents that will be very effective against candidiasis (caused by *C. albicans*), systemic mycosis (*Aspergillus* spp.), and cryptococcosis (*Cr. Neoformans*) that are rapidly becoming refractory to chemotherapy with the standard antifungal agents (24,25). Table 2 showed the minimum inhibitory concentration (MIC) and minimum fungicidal concentration (MFC) of the extracts. The result showed that the MICs and MFCs values were in the range of 12.5 _150

mg/ml. The lowest MIC and MFC values of 12.5 mg/ml was demonstrated against *C. albicans*, while the highest MLC and MFC value of 150 mg/ml was demonstrated against *A. niger*. Low MIC and MFC values are indication of efficacy of the plant while high MIC and MFC values are indication of inefficiency of the antifungal agents. The demonstration of activity against the different category of Pathogenic fungi by leaves of *A. hieracifolia* is an indication that the plant can be used to source newer group of antifungal substances that can be used to develop more effective antifungal agents, and also justifies its local usage for the treatment of skin infections. The plant can therefore be used for the treatment of mycotic infections such as candidiasis, ringworm and cryptococcosis and other systemic mycoses. Further research however needs to be carried out in order to determine the antifungal activity of the plant against a wider group of pathogenic fungi, and to investigate its toxicological properties and also further purification of the extracts should be carried out with a view to producing safer antifungal chemotherapeutic agents for human use.

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